

THE SCHOOL BOARD OF SARASOTA COUNTY, FLORIDA  
CURRICULUM AND INSTRUCTION  
1960 LANDINGS BOULEVARD  
SARASOTA, FL 34231

**MIDDLE SCHOOL PHYSICAL EDUCATION WAIVER**

**Instructions:** Parents/Guardians who want to request a waiver for their child from the state Physical Education requirement must check the reason below, sign the form, and return it to the child's school. For questions regarding this form, contact your child's school.

State Statute 1003.455 requires the equivalent of one class period per day of physical education for one semester of each year for students in grades 6, 7, and 8. There are exceptions to this requirement. A student's performance on assessments and class work may require student enrollment in remedial or intervention courses instead of Physical Education.

Student Name \_\_\_\_\_  
Last First Middle

Team \_\_\_\_\_ Grade \_\_\_\_\_

School Name \_\_\_\_\_

As the Parent/Guardian of \_\_\_\_\_, \_\_\_\_\_  
Student Name DOB

I hereby request to release my child from the Physical Education requirement for the 20\_\_\_\_-20\_\_\_\_ school year due to the reason selected below:

- I am requesting that my child enroll in another course from among those offered as options by the school during their Encore elective schedule.
- My child participates in physical activities outside of the school day which are equal to or in excess of the mandated requirements.

\_\_\_\_\_  
Parent/Guardian Name (Print) Parent/Guardian Signature Date