

# Good morning Sarasota Middle School

## Today is Monday, March 25, 2019



A few words of wisdom to start your day-

Cervantes was a writer who lived in 16<sup>th</sup>-century Spain and wrote the famous book *Don Quixote*. Now listen to what he had to say:

**Tell me thy company and I will tell thee what thou art.**

A wise proverb says it this way:

**Tell me your friends and I'll tell you who you are.\***

Today, think about the people you choose to keep company with and ask yourself this: Do my friends bring out the best in me? Are they kind? honest? trustworthy? Then remember this: Whom you choose as a friend can tell you a lot about yourself and...if Cervantes is right...it can tell the world a lot about who you are.

***"Crisis text line signage is posted throughout our campus. The crisis text line can be accessed by anyone in need of help for any reason. By texting HERE4U to 741741, you can connect with a crisis counselor 24 hours a day/ 7 days per week. Your text remains confidential and provides you with someone to listen. If you or a friend needs help at any time, please text HERE4U to 741741."***

All 8<sup>th</sup> grade teachers, last week counselors from Riverview and Sarasota High visited SMS to discuss scheduling options with our students. The students were given registration forms to take home and work on over the break. High School counselors will be returning on Tuesday, March 26<sup>th</sup> to review and collect these forms from the students during 8<sup>th</sup> grade lunch. This may spill into CCR time as well. Riverview counselors will be set up on the cafeteria stage and Sarasota counselors will be in the Media Center. Please remind your students to bring their completed forms to school on Tuesday, March 26<sup>th</sup>. We have extra copies if students have misplaced their forms.

A couple important reminders to start your day:

***Breakfast service begins at 9:00am. Any student arrives after 9:25am will only be able to purchase a grab and go breakfast. If you are interested in getting breakfast, then you must report to breakfast upon your arrival. Do not wait until the 9:15am announcement.***

It is school policy is to have all cell phones and personal devices turned off during the school day and concealed from view. You should not text or make phones calls during the day. Students, please ensure your devices are turned off at this time.

Students, please make sure you are following dress code. The SMS dress code is located in your handbook and online. As we move into the school year, students not following dress code will be sent to the office for assistance.

***All busses have arrived on time and all students should be in their 1<sup>st</sup> period class at this time.***

***Students, remember our Panther Pact: be Polite, Prepared, Productive and Safe!***

***Have a marvelous Monday!***

Cervantes (1547616)

\*Assyrian proverb