

Good morning Sarasota Middle School

Today is Thursday, March 14, 2019



A few words of wisdom to start your day-

Every day we are faced with many decisions. The choices we make affect not only us, but those around us...and those around those around us. It's like throwing a pebble into a still pond. Our choices ripple out into the world in ways we don't always understand.

How do we make the right choice? William James, an American philosopher, once said:

Tell him to live by yes and no. Yes to everything good. No to everything bad.*

How do we know what's good and what's bad? How do we know right from wrong? First, we listen to the wisdom of our teachers, parents, and grandparents, or perhaps our faith leaders. And then second, we listen to our hearts.

Are you trying to make an important choice in life? Sit and be still. Turn off the electronics. Listen, and remember these words:

Let your conscience be your guide.**

Attention 8th Graders: Sarasota High School will be hosting a mandatory meeting for anyone wishing to try out for Cheerleading on April 2nd at 7pm. If you would like more information about joining the cheerleading squad at SHS for the 2019/20 school year, please pick up a flier in the front office.

*"As a reminder, while you are on spring break the crisis text line is available 24 hours a day/ 7 days per week. The crisis text line can be accessed by anyone in need of help for any reason. By texting **HERE4U to 741741**, you can connect with a crisis counselor. Your text remains confidential and provides you with someone to listen. If you or a friend needs help at any time, please text **HERE4U to 741741**.*

Congratulations to Both Symphonic Band and Wind Ensemble for earning Superiors in every category at their Music Performance Assessments this week. They did an outstanding job!

All busses have arrived on time and all students should be in their 1st period class at this time.

*Students, remember our Panther Pact: be Polite, Prepared, Productive and Safe!
Have a thrilling Thursday!*

*William James (1942-1910)

**Jiminy Cricket (Pinocchio)