

Good morning Sarasota Middle School Today is Thursday, January 24, 2019



A few words of wisdom to start your day-

William James, great American philosopher, says:

Nothing is so fatiguing as the eternal hanging on of an uncompleted task.

Have you ever needed to finish a job or a project, but you kept putting it off and putting it off? That nagging voice in the back of your mind kept saying, "I *really* should be finishing that project."

Days go by, and you keep saying to yourself, "I *really* do need to get that job finished!" But you put it off, and then you start to feel guilty. Then you start to feel bad about yourself *because* you feel guilty. It can make you tired thinking about it.

The trick is to take all that energy that you would spend worrying about it and feeling guilty about it, and just do it! Finish the job and then get on with something else.

Today, do yourself a favor. If there's a task that needs completing, quit hanging on to it. Complete the task and take a load off!

Builders Club will be starting a sock drive on January 28th and will accept donations until February 15th. We will also be presenting a money donation and the socks in March when we volunteer to feed the homeless at the Salvation Army Food Kitchen. Please make a donation to the sock drive and assist the Builders Club in supporting our community.

The Builders Club will be starting a sock drive on Monday, January 28th. We will be accepting donations until February 15th. The Builders Club will be presenting the socks along with a monetary donation in March when we volunteer at the Salvation Army Food Kitchen. Please help us in supporting those less fortunate in our community.

All busses have arrived on time and all students should be in their 1st period class at this time.

Students, remember our Panther Pact: be Polite, Prepared, Productive and Safe!

Have a