

Sarasota High Sailors Cross Country Schedule Fall 2019



Saturday Aug. 24	Lemon Bay	GV – 8:00 am BV – 8:35 GJV – 9:05 BJV – 9:45	Leaving from SHS Bahia Vista Lot @ 5:45 am (Bus)
Friday Aug. 30	Babe Zaharias (Tampa)	Girls – 5:15 pm Boys – 6:00	4 vans (Top 10 each) Leaving from SHS Gym Loop @ 3 pm
Monday Sept. 2	Labor Day 1k's		Sarasota Track
Friday Sept. 6	Ft. Myers Invite	GJV – 7:00 pm BV – 7:45 GJV – 8:30 BJV – 9:00	Leaving from SHS Gym Loop @ 4:30 pm (Bus) + 1 van
Saturday Sept. 14	Seffner Christian @ Holloway	GV – 8:00 am BV – 8:30 GJV – 9:00 BJV – 9:30	Leaving from SHS Bahia Vista Lot @ 5:15 am (Bus) + 1 van
Saturday Sept. 21	North Port Invite	GV – 7:20 am BV – 7:50	Leaving from SHS Bahia Vista Lot @ 5:20 AM to NPHS (Bus)
Saturday Sept. 28	Don Bishop	GV – 8:00 am BV – 8:40 JV(all) – 9:15	Bus leaves from SHS Bahia Vista Lot @ 6:00 am (Bus)
Saturday Oct. 5	Tri-County @ GT Bray	Girls – 8:00 am Boys – 8:30 am	No Bus (1 van)
Saturday Oct. 5	Great American (overnight)	BV – 10:30 am GV – 10:50	Cary, NC [Top 6 travel each] (Leave Thursday) [2 Vans]
Saturday Oct. 12	FSU Pre-State Varsity (overnight)	BV – 7:30 am GV – 8:05	Tallahassee, FL [Top 8 travel each] (Leave Friday) (3 vans)
Saturday Oct. 19	BRC @ GT Bray	Girls – 7:45 am Boys – 8:30	No Bus
Saturday Oct. 26	Districts @ NOPO	Girls – 8:00 am Boys – 8:30	Leaving from SHS Bahia Vista Lot @ 6:00 AM to NPHS (Bus) + 1 van
Saturday Nov. 2	Regionals @ Lake Region	Girls – 8:00 am Boys – 8:30	TBA 3 Vans
Saturday Nov. 9	State Meet @ ARP	Varsity	Tallahassee, FL 3 vans

(Additional updated information can be accessed from flrunners.com)

Always arrive 1:15 before any race...warm up starts 1 hour before the start of your race.

Lemon Bay - 2201 Placida Road, Englewood, FL 34224

5/25/2019

Babe Zaharias - 11412 Forest Hills Dr., Tampa, FL 33612
Veterans Park (Ft. Myers) - 55 Homestead Rd S, Lehigh Acres, FL 33936
North Port and Districts - 6400 W Price Blvd, North Port, FL 34291
Holloway Park (Seffner) - 2402 Holloway Park Dr, Lakeland, FL 33812
GT Bray - 5502 33rd Ave Dr W, Bradenton, FL 34209
FSU and States - 7550 Apalachee Pkwy, Tallahassee, FL 32311