

North Port Boys Weightlifting Schedule 2019

Date	Meet/Location	Weigh In/Lift
Feb 9	Manta Ray Invite	W 8:00/L 10:00
Feb 14	Lakewood Ranch	W 3:45/L 5:00
Feb 21	Braden River Dual (A) ***	W 3:15/L 3:45
Feb 28	Desoto (H)	W 3:50 / 5:15
Mar 6	County Championship *** @ Riverview	W 3-4 /L 4:30
Mar 13	District Meet @ Charlotte HS	W 10:30-11:30 L NOON
Mar 29/30	Regional Meet TBA	W 10:30 - 11:30 L NOON
April 12	State Finals*** Arnold High School Panama City Beach	TBA

****** Requires Transportation**

Rev Feb 11