

Sarasota County Schools Health Education

(According to Florida Statute 1003.42(2)(n))

Elementary School

- Elementary schools will teach Human Growth and Development in either the 4th or 5th grades using the school nurse and/or another teacher at the school.
- 4th Grade Material – Disney’s "Let's Talk Puberty" <https://www.imdb.com/title/tt0944212/>
- 5th Grade Material – Procter & Gamble “Always Changing” <https://www.pgschoolprograms.com/>
- The material presented should be ordered by the school’s health room.
- The topics covered are puberty, reproductive systems, personal hygiene, menstruation (for females) and healthy decision making.
- **Schools must distribute the parent/guardian permission for students to receive instruction. If the form is not brought back, instruction will not take place for the student.**

Middle School

- Middle schools will teach Human Growth and Development in 7th and/or 8th grades using a representative from either the Florida Department of Education or Florida Department of Health. (Jasmine Akins (jasmine.akers@flhealth.gov) is an approved FDOH speaker)
- Curriculum materials are provided by the Florida Department of Health in Sarasota County. Current resources include Making a Difference! An Abstinence-Based Approach to HIV/STD and Teen Pregnancy Prevention.
- The topics covered are HIV, other sexually transmitted diseases, disease prevention, teen pregnancy prevention, the reproductive system and human growth & development.
- **Schools must distribute the parent/guardian permission for students to receive instruction. If the form is not brought back, instruction will not take place for the student.**

High School

- Hope will teach Human Growth and Development using a representative from either FDOE or FDOH. (Jasmine Akins (jasmine.akers@flhealth.gov) is an approved FDOH speaker)
- Hope requirements: community health, consumer health, environmental health, family life, injury prevention and safety, internet safety, mental and emotional health, nutrition, personal health, prevention and control of diseases, substance use and abuse and teen dating.
- In the human growth and development unit, students will be taught responsibility and consequences of sexual relationships, avoiding pregnancy/sexually transmitted diseases, abstinence and infant mortality rates.
- **Schools must distribute the parent/guardian permission for students to receive instruction. If the form is not brought back, instruction will not take place for the student.**

*Information presented must be content based and not related to personal experiences.

*Outside speakers must be on the Safe and Drug Free Schools approved speaker list. The list can be obtained by contacting the Sarasota County Schools Curriculum and Instruction office.