

PART 2 SPRING SERIES #179

Circus Arts in Healthcare: Humor has long been recognized as a powerful tool for reducing stress, anxiety, depression and pain perception. **Aaron Watkin is Program Manager with the Circus Arts Conservatory.** He works with clowns in healthcare. The clowns visit healthcare facilities, bringing delight to people.

Lemon Groves to Early Florida Resort on Lemon Bay: With lost lemon groves due to winter freezes in 1880s, the pioneer settlers of **Englewood**, a waterfront community, began promoting their town as a resort area. Englewood became one of the first winter resort spots in Florida. We will meet with the Lemon Bay Historical Society at the historic Green Street Church. After a bus tour of historic Dearborn Street, we will enjoy the beauty of Lemon Bay Preserve. Bring your sack lunch to enjoy at Lemon Bay Park, a 210-acre facility. Plan on an early afternoon return to Sarasota.

A Budding Start: Katherine Tanner is an award-winning equity actress who has been a regular on a number of local theater stages and Florida venues. Now she has branched out into writing, choreography, composing and directing. We will visit with **Tree Fort Productions** to learn how Ms. Tanner teaches acting.

Patient-Focused, Goal-Oriented Rehabilitation: We will tour **Sarasota Memorial Hospital's** still-new \$50 million **Rehabilitation Pavilion.** The 5-story building includes 74,000 square feet of space dedicated to helping patients regain independence following strokes, broken bones, surgeries, amputation, brain and spinal cord injuries, and more. The rehab center features 54 private inpatient rooms, gym, outdoor mobility garden, oncology rehab, spinal cord injury specialists, orthopedic and cardiopulmonary rehab and more.

REGISTRATION

PATRON

Begins April 3

ONLINE

Begins April 10
ace-sarasota.com

TELEPHONE/WALK-IN

Begins April 13
4748 Beneva Road
Sarasota, FL 34233
(941) 361-6590

We are located on the Suncoast Technical College (STC) campus, west end of Building 3.

REFUND POLICY:

A request for refund is accepted up to 48 hours prior to the start of the class (excluding weekends). A \$15 fee is charged for the transaction. No refunds are given after classes have begun.

QUESTIONS?

Contact instructor at
(941) 921-9392 or
BrendaLeeHickman@comcast.net



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Sarasota, FL 34233
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School Bus-Based
Traveling Classroom

EXPLORING SARASOTA & MANATEE COUNTIES

Spring 2020

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(941) 361-6590

CLASSROOM ON WHEELS



CLASSROOM ON WHEELS is a school bus-based traveling classroom offering weekly half-day field trips throughout Sarasota and Manatee Counties. Since 1974, we have been providing an in-depth look into local business and industry, social services, government, religion, education, arts and culture, as well as history.

Celebrating our 46th year in serving the community, we have visited and/or educated our students on over 1,400 places and people. Choose from Wednesday, Thursday or Friday morning sessions.

New to the community?

This class provides the perfect introduction to the greater Sarasota area.

Longtime resident?

Find a new perspective as you experience your changing and growing community.

REGISTER FOR an opportunity to meet the people who shape the community while traveling to local destinations you may not have even known existed. We are sure you'll gain a new-found appreciation for this amazing place we all call home.

Bus Pick-Up Location

Park on the Suncoast Technical College campus at 4748 Beneva Road. Enter the campus off Proctor Road and drive to the northwest corner across from Building 5. Park near the fence that is adjacent to the ball fields. Look for the green accent wall.

2020 SPRING SESSION

**8 CLASSES for \$129!!!
or
4 CLASSES for \$69!!!**

Part 1 Spring Session Dates

**March 25, 26 or 27, through
April 15, 16, or 17, 2020**

Part 2 Spring Session Dates

**April 22, 23, or 24 through
May 13, 14, 15, 2020**

**Select your class day - either
Wednesday, Thursday or Friday**

**Classes meet once per week
9 am - 12:30 pm
Meet the bus at 9:00 am**

REGISTER NOW!

BE A PATRON

If you believe in the ACE mission of providing lifelong learning opportunities, become an ACE Patron! You will have priority registration. Only \$50 for one year. Call today!

**(941) 361-6590 or
ace-Sarasota.com**

CLASS TOPICS Part 1 Spring Series #179

Hidden in Plain Sight: Visitors and residents often overlook **Art Center Sarasota**. It boasts provocative exhibitions from local and international artists. The building is one of the city's oldest cultural attractions that is still actively used today.

Stem Cells are the Future of Medicine: **Stem Cells** have been shown to help repair muscle, bone, cartilage and tendons. Research has indicated that stem cells can benefit a wide variety of health complications. We will discuss a host of issues such as what are stem cells, where do they come from, are there negative effects from their use, who is a good candidate, cost, and so much more.

Success for the Suffrage Movement: We will view a presentation of **Jeannette Rankin** given by Kate Holmes. Rankin was an American politician and women's rights advocate. She was the first female delegate to the US House of Representatives voted in by the State of Montana in 1916. She delivered the 19th Constitutional Amendment bill (the women's right to vote) to Congress in 1918. She fought for universal suffrage for women until Congress passed the bill in 1919.

Local Representative: **Margaret Good** is an American politician and lawyer. She is a member of the Florida House of Representatives from the 72nd District. Ms. Good is back fresh from the 2020 winter session of the Florida Legislature. She will talk about how the Florida Legislature operates and the new bills just passed.

...Continued (More classes on next page.)