January 2017

CHARTER ELEMENTARY

MEATLESS MONDAY

Ask About an Alternative to Meatless Monday

MILK Available Each Day
Skim Milk
1% Low Fat White Milk
Fat Free Chocolate Milk
Fat Free Strawberry Milk

Yogurt is Available Mon. - Fri. as an Entrée Option

All Rolls, Sandwich Breads, & Biscuits are Whole Grain Rich!

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Winter Break No Classes	3 Fiesta Taco Snack Chicken Nuggets w/ Artisan Roll Waffle Fries/ Baked Beans/ Vegetable Soup Pears Rips® Fruit Juice Slush	4 Dutch Waffle w/ Omelet or Sausage Hot Italian Sub Chicken Noodle Soup/ Hash Browns/ Green Beans Raisels Peach Juice	5 Crispy Drumstick w/ Roll Shepherd Pie w/ Roll Sauteed Cabbage Tossed Salad F2S Tangerine/ F2S Cinnamon Applesauce	6 Go Fish Basket Crunchy Beef Taco w/ Seasoned Rice Black Bean Soup/ Steamed Corn Carrots w/ Dip Banana SideKicks® Frozen Fruit Juice Cup
9 Mozza Pesto Flatbread Grilled Cheese Tomato Soup/ Golden Squash w/ Dip F2S Cherry Applesauce Apple Juice	10 Crispy Drumstick w/ Roll Orange Chicken w/ Uncle Ben's Asian Rice ® Mashed Potatoes/ Sauteed Zucchini/ F2S Side Salad F2S Peach Cup/ Orange	11 Red Chili Burrito Nachos w/ Chili & Cheese Steamed Broccoli/ Baked Potato/ Carrots w/ Dip Pears Cherry Apple Juice	12 Cheesy Chicken Pasta Bake w/ Artisan Roll BBQ Rib Sandwich Sweet Potato Crosstrax/ Grape Tomatoes w/ Dip F2S Garden Harvest Cup F2S Mixed Fruit/ Banana	13 Turkey and Provolone on Pretzel Bun Chicken Poppers w/ Biscuit Corn Chowder Fresh Green Beans/ F2S Carrots w/ Hummus Fresh Grapes SideKicks® Frozen Fruit Juice Cup
16 CELEBRATE MARTIN LUTHER KING, JR I have a dream... No Classes	17 Professional Day No Classes	18 Sloppy Joe Sandwich Macaroni & Cheese w/ Garlic Toast Garden Harvest Cup/ F2S Golden Squash w/ Dip F2S Peach Cup/ Tangerine F2S	19 Chicken Patty Sandwich Hot Cuban on Authentic Cuban Bread Steak Fries/ Baked Beans/ Steamed Squash F2S Banana Peach Juice	20 Chicken Pita Pizza Chicken Nuggets w/ Artisan Roll Chicken Tortilla Soup/ Crinkle Fries/ Grape Tomatoes w/ Dip F2S Cherry Applesauce/ SideKicks® Frozen Fruit Juice Cup
23 Alfredo Pasta Bake w/ Dinner Roll Penne w/ "Beyond Meat" Sauce & Dinner Roll Steamed Corn/ Side Salad F2S Apple Slices Cherry Apple Juice	24 Personal Pan Pizza Hot Ham & Cheese on Pretzel Bun Baby Carrots w/ Dip/ Sauteed Zucchini F2S Cinnamon Applesauce/ Peach Juice	25 Turkey Supreme w/ Artisan Roll Hot Dog Waffle Fries/ Baked Beans Urban Pickles F2S Mixed Fruit/ Tangerine F2S	26 BBQ Roasted Chicken w/ Dinner Roll Smokehouse Burger Potato Smiles/ Fresh Green Beans/ F2S Grape Tomatoes w/ Dip F2S Banana Apple Juice	27 Fish & Cheese on Pretzel Bun Chicken Tenders w/ Biscuit Kale Salad/ Tator Tots/ Applesauce Cup/ SideKicks® Frozen Fruit Juice Cup
30 Personal Pan Pizza Rice & Bean Enchilada Steamed Squash/ F2S Side Salad F2S Applesauce 100% Fruit Blend Juice	31 Mexican Rice Bowl Crunchy Beef Taco w/ Rice Steamed Corn/ Refried Beans Tangerine F2S Rips® Fruit Juice Slush			

Look for the Logo! F2S
We purchase milk, eggs, and seasonal produce from Local Farmers!

Florida Farm to School

MENU SUBJECT TO CHANGE

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THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER AND EMPLOYER

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