December 2016

SECONDARY CHARTER SCHOOLS

Yogurt is Available Mon. - Fri. as an Entrée Option

All Rolls, Sandwich Breads, & Biscuits are Whole Grain Rich!

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MEATLESS MONDAY Ask About an Alternative to Meatless Monday	MILK Available Each Day Skim Milk 1% Low Fat White Milk Fat Free Chocolate Milk Fat Free Strawberry Milk		1 Spaghetti Bake w/ Roll Chicken Sandwich 1905 Salad Mashed Potatoes/ Green Beans/ Kale Salad F2S Banana/ Cinnamon Applesauce Apple Juice	2 Chicken Nuggets w/ Artisan Roll Calzonettes w/ Marinara Yogurt Parfait Rosemary Garlic Potatoes/ Carrots w/ Dip Mixed Fruit/ Fresh Grapes SideKicks® Frozen Fruit Juice Cup
5 Grilled Cheese Bosco Sticks w/ Marinara Summer Salad Tomato Soup/ Golden Squash w/ Dip F2S Cherry Applesauce/ Raisels Apple Juice	6 Big Daddy's Pizza Chicken Tender Box Greek Salad Creamy Chicken Soup Steamed Zucchini/ F2S Side Salad Peach Cup/ Apple Slices Orange Juice	7 Nachos w/ Chili & Cheese Buffalo Chicken Bites w/ Artisan Roll Ranch Chicken BLT Salad Steamed Broccoli/ Baked Potato/ Carrots w/ Dip F2S Pears/Tangerine Cherry Apple Juice	8 BBQ Rib Sandwich Chicken Sandwich Oriental Chicken Salad Sweet Potato Crosstrax Grape Tomatoes w/ Dip/ Garden Harvest Cup F2S Spiced Pears/ Banana Grape Juice	9 Chicken Poppers w/ Biscuit Calzonettes w/ Marinara Yogurt Parfait Waffle Fries/ Green Beans/ Carrots w/ Hummus Applesauce Cup/ Fresh Grapes SideKicks® Frozen Fruit Juice Cup
12 "Beyond Meat" Chili & Rice Bosco Sticks w/ Marinara UBR® Fruit & Yogurt Platter Steamed Broccoli/ Side Salad Mixed Fruit/ Apple Slices Orange Juice	13 Orange Chicken w/ Uncle Ben's Asian Rice ® Chicken Tender Box Buffalo Chicken Salad Corn/ Carrots w/ Dip Applesauce Cup/ Orange F2S Sno' Joe Italian Ice	14 Macaroni & Cheese w/ Garlic Toast Chicken Snack Wrap Chef Salad Baked Beans/ Golden Squash w/ Dip F2S Peach Cup/ Tangerine F2S 100% Fruit Blend Juice	Holiday Dinner 15 Holiday Turkey w/ Dinner Roll Cherry Blossom Chicken w/ Roll 1905 Salad Mashed Potato Bake Fresh Green Beans F2S Cherry Applesauce/ Banana Peach Juice Free Gingerbread Cookie w/ Meal Purchase	16 Chicken Nuggets w/ Artisan Roll Calzonettes w/ Marinara Yogurt Parfait Spiral Fries/ Tomato Soup Vegetable Medley Assorted Fruit Selections SideKicks® Frozen Fruit Juice Cup

MENU SUBJECT TO CHANGE

WINTER BREAK

December 19 - January 2, 2017

View all lunch & breakfast menus at: www.SarasotaCountySchools.net

Look for the Logo! F2S

We purchase milk, eggs, and seasonal produce from Local Farmers!

Florida Farm To School

Classes Resume January 3, 2017

Happy Holidays!

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